SRWTC LEVEL 5 (8, 9 & 10 yrs) RULES & REGULATIONS - APRIL 2012

DV

Difficulty Value is calculated as per FIG cycle 12 Code of Points. FIG execution penalties will be applied. No repetition of elements allowed.
UB/BB: 8 highest elements including dismount (FX 8 highest elements). **BB/FX:** 5 acro max, 3 dance min. **FX:** max 4 acro lines.
UB: Coded elements can be used twice for DV.

SHORT EXX

On **Floor** & **Beam** an exercise with fewer than 7 elements will be deducted **2.00** for **each** missing element from the E score.
On **Bars**, an exercise with fewer than 5 elements will be deducted **1.00** for **each** missing element.

VAULT		BARS	BEAM	FLOOR
Hand spring flat back DV 2.00 Best score of 2 vaults 105 cm vaulting table and mats If support given deduct 2.50 from the score	**UNCODED ELEMENTS = 0.10 EACH**	Squat onto LB Circle up LB Tucked sole circle 3/4 Giant LB-HB Cast above horizontal Straddle on undershoot (*fulfills CR)	Fwd roll Cat leap Tuck jump Half spin Round off dismount (*fulfills CR)	Cartwheel Handstand fwd roll Bwd & Fwd walkover Cat leap Tuck & Wolf jump Valdez Headspring Straight jump 1/1 Bwd roll to handstand
	CR: $\times$ = Award 0.50 $\checkmark$ = Must be performed for 0.50 (uncoded elements can be used to fulfill CR)	Flight element from HB-LB & LB-HB = $\times$ Flight element same bar = $\times$ 2 Grips and close bar circle without flight = $\times$ 360° elements = $\times$ Dismount A* + = $\checkmark$	Connection of min 2 different dance elements, 1 showing 140° split = $\checkmark$ Coded turn/spin or 1/2 spin = $\checkmark$ 1 acro series = $\times$ 1 acro element = $\checkmark$ Dismount A*+ = $\checkmark$	Dance passage of 2 different coded leaps/hops min 1 with 140° split = $\checkmark$ Round off back flip = $\checkmark$ Saltos in diff directions = $\times$ Full spin = $\checkmark$ Dismount salto A+ = $\times$
	BONUS:	Short OR long upstart = 0.80 Short AND long upstart = 1.00	Bwd salto dismount = 0.50 Execution without falls and all CR = 0.50 Back flip = 0.30	Bwd salto = 0.50 Fwd/side salto = 0.30
	Apparatus deductions As per FIG:	No FIG deduction for Bar change with no element	No FIG deduction for: More than 1 turn on 2 feet or mount not from code	